



### **EVENTS**



### 3/10 & 3/14

### Better Market Street Public Meetings

Join us to learn more about Better Market Street, a multiagency proposal to transform 2.2 miles of Market Street, from Octavia Boulevard to The Embarcadero, by improving safety and accessibility, providing faster and more reliable bus and streetcar service and enhancing the streetscape and public realm.

#### Saturday, March 10, 2018

10 a.m.-noon UC Hastings College of the Law Alumni Reception Center 200 McAllister St.

### Wednesday, March 14, 2018

6-8 p.m.
UC Hastings College of the Law
Louis B. Mayer Lounge
198 McAllister St.



### 3/17

#### Arbor Day Event and Eco Fair

Volunteer with Community Clean Team in District 1

Community Clean Team is San Francisco Public Works' longest-running and largest volunteer program that keeps San Francisco beautiful through landscaping and gardening projects, graffiti removal and litter cleanup in our neighborhoods. Community Clean Team, in partnership with the Giant Sweep anti-litter campaign, needs your help to keep our city clean and green in 2018. Join us and volunteer!

8:30 a.m. - 1 p.m. Washington High School 600 - 32nd Ave.





Listen to African-American employees at Public Works share stories of their achievements and challenges during a Black History Month celebration at our Operations Yard on Feb. 15, 2018.





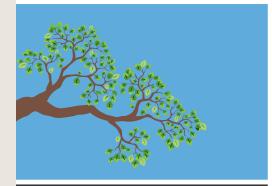




### Saturday, March 17, 2018 9 a.m. - 12 p.m.

### **Arbor Day**

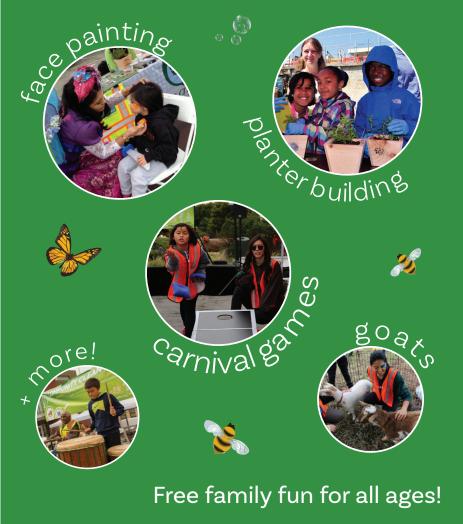
Washington High School | 600 - 32nd Avenue



### For more details: volunteer@sfdpw.org

(415) 641-2600























































## **SOCIAL MEDIA**



















Congratulations to our Mansell Project Team for winning the 2018 Outstanding Local Streets and Roads Project Award in the Complete Streets Projects category!



# HEART HAPPY HABITS

25%



of deaths in the U.S. occur from heart disease

people in California have coronary heart disease

is good for your Meart.

It reduces stress and gives a boost to your immune system.

10 MINUTES EACH = 30 MINUTES OF PHYSICAL ACTIVITY



Get more steps!



Dance to 3 of your favorite songs



Go for a bike ride

your heart pumps



1.5 gallons of blood/minute

eat more almonds! eat more dark chocolate!





(it helps lower bad cholesterol)

"Love you to the moon and back!"



In a lifetime, the heart creates enough energy to drive a truck to the moon and back.



a normal heart valve is the size of a half dollar



hearts of two people in love will begin to synchronize after the couple has gazed into each other's eyes for three minutes



the thump-thump of a heartbeat is the sound made by the four valves of the heart closing

Your heart affects every part of your body. That also means that diet, lifestyle and your emotional well-being can affect your heart.

Emotional and physical health are both important for maintaining a healthy heart.









#### EPISODE 0016 - 2/23 Fulfilling a Dream

In celebration of Black History Month, we're highlighting the accomplishments of the outstanding black leaders and staff who are a part of our Public Works family. They shared their stories of challenges and achievements at a panel discussion held at our Operations Yard on Feb. 15.

#### EPISODE 0015 - 2/16 A New Life for Old Lefty

It's not every day that urban Americans get to see a drawbridge at work. But here in San Francisco, the historic Lefty O'Doul Third Street Bridge has been performing the engineering feat for generations. And San Francisco Public Works is making sure the workhorse span has an enduring future.



Nestled in San Francisco's 47 square miles are thousands of parks, alleyways, roads, buildings and attractions that both visitors and locals alike hold close to their hearts – and this week our Public Works TV hosts are taking us to their favorite San Francisco spots. Come along!

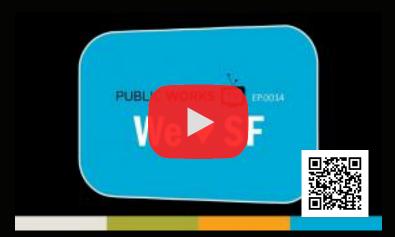
#### EPISODE 0013 - 2/2 Paws-itively Clean!

Lunar New Year Blitz

Happy Year of the Dog! Ride along with Public Works Director Mohammed Nuru as he takes us around Chinatown to demonstrate the massive efforts to get this neighborhood ready for the Chinese New Year.

Gung Hay Fat Choy!

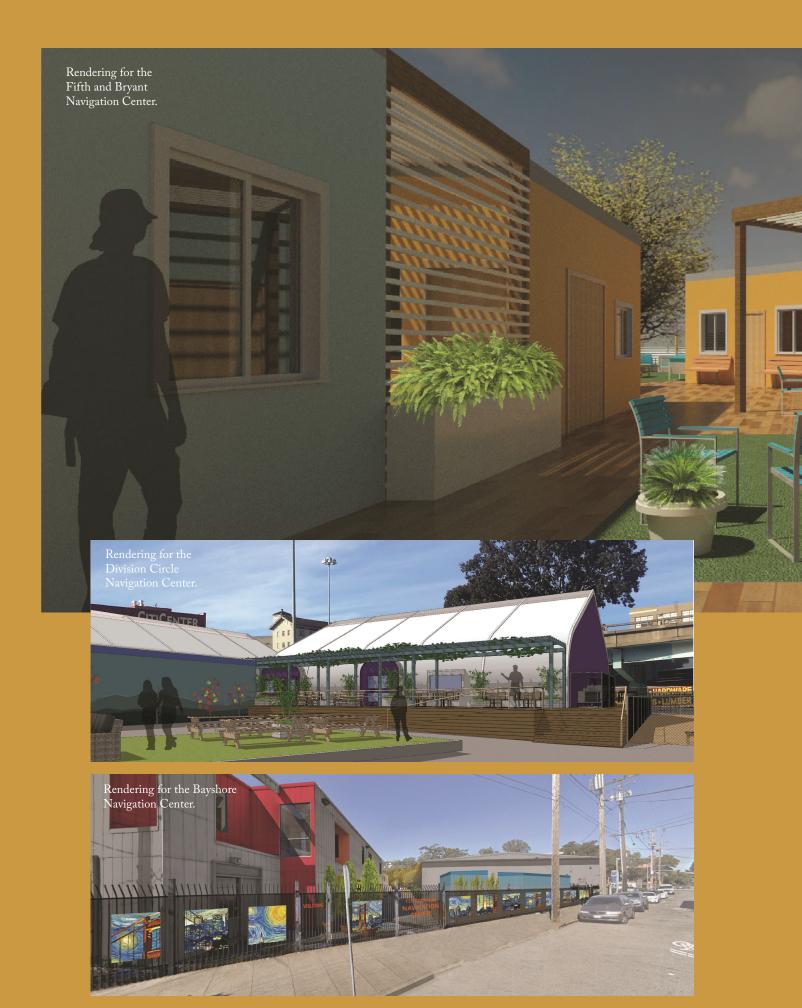














▶ street encampments, offering them not just beds, showers and meals, but also health care, intensive case management and other support on their journey toward more stable housing.

The first Navigation Center opened in the spring of 2015 in the Mission District, with three others following in Mid-Market, Dogpatch and another location in the Mission.

Today, work is underway to develop three more Navigation

Centers. Two of them will be on undeveloped Caltrans property at Fifth and Bryant streets and at Division Circle at Division and South Van Ness Avenue. The third will open at what is now a vacant warehouse and office complex at 125 Bayshore Blvd. in the Bayview. The designs are welcoming and innovative.

Public Works' Bureau of Design and Construction is taking the lead on designing the new Navigation Centers; our partner, the Department of Homelessness and Supportive Housing, will oversee them. The goal is to have all of them up and running by mid-summer. Together, they will shelter more than 300 people.

Unlike traditional shelters,
Navigation Centers allow people
to move in with their partners,
pets and belongings and give
them a respite from the perils of
living on the street. And that is a
good thing. Public Works is proud
to be part of the solution.







The Geneva Community Garden, a 10,427-square-foot community space near Balboa Park, features raised garden boxes with room for 60 garden plots, perimeter walls, protective fencing, gates, ample seating and multi-use gathering areas. The garden is equipped with nine ADA-accessible planter boxes and fully accessible common areas, including an herb garden and orchard.

Public Works was instrumental in guiding the process to transform the space that was once overgrown by invasive ivy and pampas grass. Our talented landscape architecture and engineering teams created the garden's welcoming design and

partnered with the local contractor Giron to oversee its construction. The design of the community garden features beautifully landscaped areas that promote green space stewardship and sustainability.

The Geneva Community Garden is the 40th addition to the citywide community garden program that was implemented by the Recreation and Park Department more than a decade ago. A community garden is a public space where friends, families and neighbors can grow produce for their personal use and come together to celebrate the beauty of Mother Nature.

These gardens satisfy more than our healthy appetites. In fact, they have many different benefits that help maintain healthy ecological systems for large cities like San Francisco. They have been proven to reduce the urban heat-island effect; decrease storm-water runoff and help with nitrogen processing, pest control and energy savings.

The \$1.6 million community-driven project was paid for by the voter-backed 2008 Clean and Safe Neighborhood Parks Bond, in addition to secondary grants from the state Department of Housing and Community Development and a handful of local community stakeholders.

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Hundreds of thousands of revelers lined San Francisco streets from the Financial District to Chinatown to Union Square watching this year's Chinese New Year Parade celebrating the Year of the Dog. In all, we had 53 workers

following the parade, which took place on Feb. 24. They picked up 14,800 pounds of trash along the parade route – a 7-hour stint that started at 6 p.m. Saturday and ended 1 a.m. Sunday.

The post-parade cleanups are like a well-choreographed dance,

with each worker playing an important part.

They use brooms, rakes, blowers, steamers and trucks to pick up the debris and wash down the streets within hours after the crowds have dispersed.





▶ Our crews began an intensive cleaning operation throughout the historic neighborhood in the weeks leading up to the Lunar New Year festivities — and workers will remain on the job seven days a week to ensure the streets and sidewalks keep looking good.

To help meet that goal, we established a workforce development partnership with the Chinese Newcomers Service Center, a nonprofit organization that specializes in helping new Chinese immigrants and local residents obtain job training, social services and employment opportunities.

Seven trained block sweepers who wear orange vests and use a cart to hold a small trash can and cleaning tools, are focusing on nothing but removing cigarette butts, old newspapers, discarded coffee cups and other litter that sully the heart of the iconic neighborhood.

This 3-month pilot program aims to cover the Chinatown neighborhood bounded by Powell, Kearny, Sacramento and Broadway streets.

The Chinese Newcomers block sweepers are on duty from 9 a.m. to 6 p.m., seven days a week. Each trainee is assigned to focus primarily on one major street. Their job is to walk up and down the blocks to manually sweep sidewalks, constantly removing trash. Larger, more intensive cleaning needs will be handled by our more experienced crews.

Stockton

Public Works' seasoned street cleaning staff provided hands-on training, from safety to sweeping tips, to ensure the new sweepers keep the sidewalks in Chinatown clean, safe and litter free.

"Chinese Newcomers Service Center is thrilled to work with Public Works to keep Chinatown clean and help businesses maintain tidy storefronts," said Amanda Fung, the group's program coordinator. "Workforce development is one of the key focuses our agency is concentrating on and we offer job training, classes and work-skills development opportunities to Chinese immigrants with the ultimate goal of landing employment and making decent wages."

Public Works is excited about this partnership, which provides job opportunities and enhanced cleaning in one of the nation's most densely packed neighborhoods that is popular with both locals and tourists.













weeding medians, painting our graffiti and picking up litter. Even the metal "Class of" plaques embedded in the courtyard at Balboa High School got a special shine.

The event drew hundreds of enthusiastic volunteers, from preschoolers to seniors, who pitched in to improve our city. Supervisor Ahsha Safai, who represents the area, helped us kick off the workday.

Community Clean Team is our largest and longest-running volunteer program. Each month we're in a different supervisorial district to green and clean the neighborhoods. After the work is complete, we share a meal, for

Community Clean Team is as much about getting the work done as it is about building community.

At next month's Community
Clean Team on March 17 in the
Richmond District, we'll also be
hosting our annual Arbor Day
Eco Fair. It will be packed with
family-fun activities, including
bucket-truck rides, face painting,
planter box building and the everpopular herd of friendly goats.
The workday kickoff and Eco Fair
will be held at Washington High
School, 600-32nd Avenue.

You can register to volunteer <u>here</u> or by calling 415-641-2600. All activities are free. We hope to see you there.

